

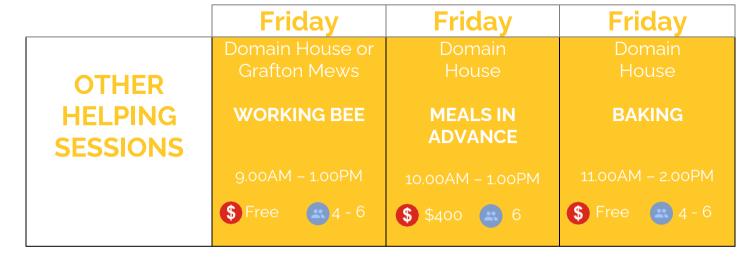


Volunteers are the backbone of what we do at RMHC New Zealand. We simply couldn't support families the way we do without the thousands of volunteers who come through our doors, roll up their sleeves and make RMHC New Zealand a 'home-away-from-home'for the families staying with us.

We hope you choose to book a session and we look forward to welcoming you to the RMHC New Zealand whānau.

GROUP VOLUNTEERING OPTIONS

Monday Tuesday Wednesday **Thursday** Domain **Grafton Mews** Domain Grafton Mews House House House House **FAMILY DINNER FAMILY DINNER FAMILY DINNER FAMILY DINNER FAMILY DINNER NIGHT NIGHT NIGHT NIGHT PROGRAMME** 3.00PM - 8.00PM 3.00PM - 8.00PM \$\$1,000 4 6-10 \$\$1,000 (48) 6-8 \$\$1,000 😃 6-10 \$\$1,000 \(\begin{array}{c} \text{\$6-8} \end{array}









FAMILY DINNER NIGHTS



A rewarding team volunteering experience - you'll be cooking dinner for up to 100 people - so expect a fast-paced afternoon. Your team will cook, serve dinner, and clean up yourselves. The menu and ingredients are organised for you, so catering experience is not needed - iust a keen, can-do attitude.

Logistics: Mondays and Wednesdays, 3.00pm – 8.00pm at Domain House

Group size: 6-10 people

Menu: RMHC organises menu and ingredients
Cost: \$1,000 (incl. GST)* to cover food costs



A rewarding team volunteering experience - you'll be cooking dinner for up to 100 people, plus take away meals for families in our Family Room - so expect a fast-paced afternoon. Your team will cook, serve dinner, and clean up yourselves. The menu and ingredients are organised for you, so catering experience is not needed - just a keen, can-do attitude.

Logistics: Tuesdays and Thursdays, 3.00pm - 8.00pm at Grafton Mews House

Group size: 6-8 people

Menu: RMHC organises menu and ingredients

Cost: \$1.000 (incl. GST)* to cover food costs

Please note: Any Family Dinner booking cancelled within 48hours of your confirmed date will be forfeited and non-refundable. Ingredients will already have been purchased, and meals will need to be provided to families.

GENERAL HELPING SESSIONS



If you're up for anything that will be helpful to the families, this is the option for you. Your activity will be determined the weekyou volunteer based on needs in the House. It can be anything from outside maintenance jobs like water blasting, to moving furniture, to sorting donated goods, and helping with fundraising event preparations.

Logistics: Fortnightly Fridays, 9am - 1pm at Grafton Mews or Domain House (location decided the week of)

Group size: 4 - 6 people

Cost: Free



Gather a group together and come to Domain House to prepare 80 boxed meals. These will be stored in the freezer so families can access a quick, nourishing meal whenever they need. Cooking together is a fun, teambonding experience and at the same time you're providing necessary comfort food to families who have spent a day on the wards.

Logistics: Weekly Fridays 10am - 1pm at Domain House

Group size: 6 people

Ingredients: RMHC organises all ingredients

Cost: \$400

GENERAL HELPING SESSIONS



Get a group together to come along and bake some treats for our families. Bring along some recipes and the ingredients and a spirit for sharing the love and cook up at storm in our kitchen.

Logistics: Fortnightly Fridays, 11am - 2pm at Domain House

Group size: 4 - 6 people

Cost: Free

FREQUENTLY ASKED QUESTIONS

How do I book?

Our group volunteering sessions are very popular, so we recommend booking 2+ months in advance to avoid disappointment. The more notice we have the more likely we'll be able to find a volunteer opportunity to suit your group.

If it's your first time volunteering:

Please sign up online here:

https://rmhc.org.nz/group-volunteering-opportunities-auckland/

Signing up online saves you and our team a lot of time. You will be able to see which sessions are available or taken and easily apply for the session(s) you would like, without lots of emailing.

If your team has volunteered before:

Sign-in to your volunteer page here:

https://app.betterimpact.com/Login

If you can't remember your username or password, click the 'Forgot your username or password?' link and enter your email address so you can reset these. If you continue having problems, please email volunteering@rmhc.org.nz

How many sessions can I book?

We want to give as many people the opportunity to volunteer as possible so your group can apply for up to two group volunteering sessions per year.

Anything more than this will be at RMHC New Zealand's discretion.

How does the payment process work?

Two months before your volunteering session we will send you an invoice for the ingredients for your session. This is due two weeks before your session. You can pay by direct debit or credit card over the phone.

Refunds will only be provided if more than two weeks' notice is given, and a suitable postponement date cannot be found.

Note, these are not tax-deductible donations as they are solely paying for food ingredients.

How did you decide the costs?

Analysis of our financial records, shows that the average cost to provide a nutritious evening meal to an RMHC NZ family is \$10.00 per person. We anticipate that each Family Dinner Night will be catering for 100+ people. The cost of \$1,000 incl gst is for the purpose of covering our average food costs

Why are the costs the same for Domain House & Grafton Mews Family Dinner Nights?

While Grafton Mews will have fewer families dining on-site you will also be preparing takeaway meals for families that may not be able to leave their child on the hospital ward or are staying at our Family Room in Starship Hospital. You can expect to be preparing up to 100 meals whether you are joining us at Domain House or Grafton Mews.

FREQUENTLY ASKED QUESTIONS

Can we bring more people in than the recommended amount?

We cannot accommodate more people in your group than written above. Each activity is designed so all group members have enough work to keep them busy for the length of the activity, without overwhelming the shared family spaces.

What if none of these volunteering options suit our group?

If you have your heart set on volunteering, we still recommend signing uponline here:

https://rmhc.org.nz/group-volunteering-opportunities-auckland/

You can give us more details about your group size, availability and interests and we will see if we can find a bespoke volunteering opportunity for you. Our National Group Volunteering Coordinator will then be in touch to discuss date and time options to find a solution that could work for your group.

If we can't accommodate your group for a volunteering session there are many other ways to support RMHC New Zealand, whether this is holding your own fundraiser, attending one of our fundraising events, donating or much more.

For more ways to support us visit:

https://rmhc.org.nz/support-us/